



13. Mühlhäuser Altstadtlauf
Mühlhausen / 05.09.2009

Detailed evaluation

Abicht, Florian

Club: SV Thuringia Königssee

Number: 1284

Course: 5.00 km

5 km-Lauf

Category:

Schüler

Total time: 24:36

Speed: 12.20 km/h

Running performance: 4:55 min/km

Rank in course/Total: 50 (of 112)

Rank in course/Men: 41 (of 76)

Best time in course: 16:48

Rank in category: 9(of 13)

Best time in the category: 18:14