



13. Mühlhäuser Altstadtlauf

Mühlhausen / 05.09.2009

Detailed evaluation

Rauch, Sabine

Club: SSV Großbreitenbach

Number: 1285

Course: 5.00 km

5 km-Lauf

Category:

Frauen

Total time: 24:41

Speed: 12.15 km/h

Running performance: 4:56 min/km

Rank in course/Total: 52 (of 112)

Rank in course/Women: 10 (of 36)

Best time in course: 20:39

Rank in category: 3(of 24)

Best time in the category: 23:59