



13. Mühlhäuser Altstadtlauf
Mühlhausen / 05.09.2009

Detailed evaluation

Carius, René

Club: Görmar
Number: 1224

Course: 5.00 km
5 km-Lauf

Category:
Männer

Total time: 25:18

Speed: 11.86 km/h
Running performance: 5:04 min/km

Rank in course/Total: 57 (of 112)

Rank in course/Men: 46 (of 76)

Best time in course: 16:48

Rank in category: 34(of 58)

Best time in the category: 16:48