



13. Mühlhäuser Altstadtlauf
Mühlhausen / 05.09.2009

Detailed evaluation

Köpke, Sarah

Club: Nikolaischule
Number: 869

Course: 1.70 km
Schülerlauf

Category:
weibliche Schüler D

Total time: 8:19

Speed: 7.21 km/h
Running performance: 4:53 min/km

Rank in course/Total: 163 (of 426)

Rank in course/Women: 45 (of 186)

Best time in course: 6:14

Rank in category: 9(of 107)

Best time in the category: 6:43