



13. Mühlhäuser Altstadtlauf  
Mühlhausen / 05.09.2009

Detailed evaluation

Jarek, Andreas

Club: KERU - Fitness & Aerobic  
Number: 1233

Course: 5.00 km  
5 km-Lauf

Category:  
Männer

Total time: 25:40

Speed: 11.69 km/h  
Running performance: 5:08 min/km

Rank in course/Total: 61 (of 112)

Rank in course/Men: 50 (of 76)

Best time in course: 16:48

Rank in category: 37(of 58)

Best time in the category: 16:48