



13. Mühlhäuser Altstadtlauf  
Mühlhausen / 05.09.2009

Detailed evaluation

**Knappe, Diana**

Club: Sparkasse Unstrut-Hainich  
Number: 1268

Course: 5.00 km  
5 km-Lauf

Category:  
Frauen

Total time: 25:45

Speed: 11.65 km/h  
Running performance: 5:09 min/km

Rank in course/Total: 63 (of 112)

Rank in course/Women: 12 (of 36)

Best time in course: 20:39

Rank in category: 4(of 24)

Best time in the category: 23:59