



13. Mühlhäuser Altstadtlauf  
Mühlhausen / 05.09.2009

Detailed evaluation

Hecht, Stephanie

Club: Mühlhausen  
Number: 1238

Course: 5.00 km  
5 km-Lauf

Category:  
Frauen

Total time: 25:48

Speed: 11.63 km/h  
Running performance: 5:10 min/km

Rank in course/Total: 67 (of 112)

Rank in course/Women: 13 (of 36)

Best time in course: 20:39

Rank in category: 5(of 24)

Best time in the category: 23:59