



13. Mühlhäuser Altstadtlauf
Mühlhausen / 05.09.2009

Detailed evaluation

Fraaß, Stefan

Club: Erfurt
Number: 1296

Course: 5.00 km
5 km-Lauf

Category:
Männer

Total time: 26:16

Speed: 11.42 km/h
Running performance: 5:15 min/km

Rank in course/Total: 71 (of 112)

Rank in course/Men: 58 (of 76)

Best time in course: 16:48

Rank in category: 43(of 58)

Best time in the category: 16:48