



13. Mühlhäuser Altstadtlauf
Mühlhausen / 05.09.2009

Detailed evaluation

Arndt, Steffen

Club: SV Fortuna Mühlhausen
Number: 1272

Course: 5.00 km
5 km-Lauf

Category:
Männer

Total time: 26:35

Speed: 11.29 km/h
Running performance: 5:19 min/km

Rank in course/Total: 74 (of 112)

Rank in course/Men: 60 (of 76)

Best time in course: 16:48

Rank in category: 45(of 58)

Best time in the category: 16:48