



13. Mühlhäuser Altstadtlauf  
Mühlhausen / 05.09.2009

Detailed evaluation

Carius, Colette

Club: Grabe  
Number: 1225

Course: 5.00 km  
5 km-Lauf

Category:  
Frauen

Total time: 27:00

Speed: 11.11 km/h  
Running performance: 5:24 min/km

Rank in course/Total: 78 (of 112)

Rank in course/Women: 16 (of 36)

Best time in course: 20:39

Rank in category: 8(of 24)

Best time in the category: 23:59