



13. Mühlhäuser Altstadtlauf  
Mühlhausen / 05.09.2009

Detailed evaluation

V. Einsiedel, Bärbel

Club: Oppershausen

Number: 1245

Course: 5.00 km

5 km-Lauf

Category:

Frauen

Total time: 27:49

Speed: 10.78 km/h

Running performance: 5:34 min/km

Rank in course/Total: 81 (of 112)

Rank in course/Women: 18 (of 36)

Best time in course: 20:39

Rank in category: 10(of 24)

Best time in the category: 23:59