



13. Mühlhäuser Altstadtlauf  
Mühlhausen / 05.09.2009

Detailed evaluation

Hilbert, Christel

Club: Mühlhausen  
Number: 1292

Course: 5.00 km  
5 km-Lauf

Category:  
Frauen

Total time: 29:03

Speed: 10.33 km/h  
Running performance: 5:49 min/km

Rank in course/Total: 87 (of 112)

Rank in course/Women: 23 (of 36)

Best time in course: 20:39

Rank in category: 14(of 24)

Best time in the category: 23:59