



13. Mühlhäuser Altstadtlauf  
Mühlhausen / 05.09.2009

Detailed evaluation

Groß, Natalie

Club: SV Diedorf  
Number: 1320

Course: 5.00 km  
5 km-Lauf

Category:  
Schülerinnen

Total time: 30:10

Speed: 9.94 km/h  
Running performance: 6:02 min/km

Rank in course/Total: 90 (of 112)

Rank in course/Women: 25 (of 36)

Best time in course: 20:39

Rank in category: 8(of 8)

Best time in the category: 21:06