



13. Mühlhäuser Altstadtlauf  
Mühlhausen / 05.09.2009

Detailed evaluation

Path, Ingrid

Club: Hainichläufer Mühlhausen  
Number: 1297

Course: 5.00 km  
5 km-Lauf

Category:  
Frauen

Total time: 31:55

Speed: 9.40 km/h  
Running performance: 6:23 min/km

Rank in course/Total: 97 (of 112)

Rank in course/Women: 28 (of 36)

Best time in course: 20:39

Rank in category: 17(of 24)

Best time in the category: 23:59