



13. Mühlhäuser Altstadtlauf  
Mühlhausen / 05.09.2009

Detailed evaluation

Kaufhold, Chris-Tom

Club: Priorat  
Number: 1255

Course: 5.00 km  
5 km-Lauf

Category:  
Jugend männlich

Total time: 34:48

Speed: 8.62 km/h  
Running performance: 6:58 min/km

Rank in course/Total: 109 (of 112)

Rank in course/Men: 74 (of 76)

Best time in course: 16:48

Rank in category: 5(of 5)

Best time in the category: 18:07