



13. Mühlhäuser Altstadtlauf  
Mühlhausen / 05.09.2009

Detailed evaluation

Landgraf, Chris

Club: Bundeswehr Mühlhausen  
Number: 2021

Course: 10.00 km  
Hauptlauf

Category:  
Männer M20

Total time: 40:35

Speed: 14.78 km/h  
Running performance: 4:04 min/km

Rank in course/Total: 13 (of 182)

Rank in course/Men: 12 (of 159)

Best time in course: 35:53

Rank in category: 2(of 44)

Best time in the category: 35:53