



13. Mühlhäuser Altstadtlauf
Mühlhausen / 05.09.2009

Detailed evaluation

Grimm, Holger

Club: SV Normania Treffurt
Number: 2203

Course: 10.00 km
Hauptlauf

Category:
Männer M40

Total time: 41:09

Speed: 14.58 km/h
Running performance: 4:07 min/km

Rank in course/Total: 18 (of 182)

Rank in course/Men: 17 (of 159)

Best time in course: 35:53

Rank in category: 1(of 24)

Best time in the category: 41:09