



13. Mühlhäuser Altstadtlauf
Mühlhausen / 05.09.2009

Detailed evaluation

Ewert, Markus

Club: GS Heyerode
Number: 678

Course: 1.70 km
Schülerlauf

Category:
männliche Schüler D

Total time: 8:27

Speed: 7.10 km/h
Running performance: 4:58 min/km

Rank in course/Total: 179 (of 426)

Rank in course/Men: 125 (of 240)

Best time in course: 5:59

Rank in category: 43(of 130)

Best time in the category: 6:28