



13. Mühlhäuser Altstadtlauf
Mühlhausen / 05.09.2009

Detailed evaluation

Kindervater, Lars

Club: FSV Schernberg
Number: 2195

Course: 10.00 km
Hauptlauf

Category:
Männer M35

Total time: 42:06

Speed: 14.25 km/h
Running performance: 4:13 min/km

Rank in course/Total: 27 (of 182)

Rank in course/Men: 26 (of 159)

Best time in course: 35:53

Rank in category: 7(of 18)

Best time in the category: 38:42