



13. Mühlhäuser Altstadtlauf  
Mühlhausen / 05.09.2009

Detailed evaluation

**Knieriemen, Bernhard**

Club: SV Diedorf  
Number: 2158

Course: 10.00 km  
Hauptlauf

Category:  
Männer M50

Total time: 42:12

Speed: 14.22 km/h  
Running performance: 4:13 min/km

Rank in course/Total: 28 (of 182)

Rank in course/Men: 27 (of 159)

Best time in course: 35:53

Rank in category: 4(of 14)

Best time in the category: 40:14