



13. Mühlhäuser Altstadtlauf
Mühlhausen / 05.09.2009

Detailed evaluation

Grünbaum, Marko

Club: Ebenheim

Number: 2202

Course: 10.00 km

Hauptlauf

Category:

Männer M30

Total time: 43:40

Speed: 13.74 km/h

Running performance: 4:22 min/km

Rank in course/Total: 41 (of 182)

Rank in course/Men: 39 (of 159)

Best time in course: 35:53

Rank in category: 6(of 21)

Best time in the category: 38:00