



13. Mühlhäuser Altstadtlauf
Mühlhausen / 05.09.2009

Detailed evaluation

Stude, Ronny

Club: Zechpreller Escherode
Number: 2002

Course: 10.00 km
Hauptlauf

Category:
Männer M30

Total time: 43:59

Speed: 13.64 km/h
Running performance: 4:24 min/km

Rank in course/Total: 44 (of 182)

Rank in course/Men: 42 (of 159)

Best time in course: 35:53

Rank in category: 7(of 21)

Best time in the category: 38:00