



13. Mühlhäuser Altstadtlauf  
Mühlhausen / 05.09.2009

Detailed evaluation

Mascher, Reinhard

Club: SC Impuls Erfurt  
Number: 2156

Course: 10.00 km  
Hauptlauf

Category:  
Männer M45

Total time: 44:46

Speed: 13.40 km/h  
Running performance: 4:29 min/km

Rank in course/Total: 53 (of 182)

Rank in course/Men: 51 (of 159)

Best time in course: 35:53

Rank in category: 5(of 15)

Best time in the category: 38:30