



13. Mühlhäuser Altstadtlauf  
Mühlhausen / 05.09.2009

Detailed evaluation

**Bauer, Henrik**

Club: GS Heyerode  
Number: 674

Course: 1.70 km  
Schülerlauf

Category:  
männliche Schüler D

Total time: 7:04

Speed: 14.43 km/h  
Running performance: 4:10 min/km

Rank in course/Total: 45 (of 426)

Rank in course/Men: 31 (of 240)

Best time in course: 5:59

Rank in category: 4(of 130)

Best time in the category: 6:28