



13. Mühlhäuser Altstadtlauf
Mühlhausen / 05.09.2009

Detailed evaluation

Schmidt, Carsten

Club: Bundeswehr Mühlhausen
Number: 2035

Course: 10.00 km
Hauptlauf

Category:
Männer M30

Total time: 45:51

Speed: 13.09 km/h
Running performance: 4:35 min/km

Rank in course/Total: 72 (of 182)

Rank in course/Men: 70 (of 159)

Best time in course: 35:53

Rank in category: 12(of 21)

Best time in the category: 38:00