



13. Mühlhäuser Altstadtlauf
Mühlhausen / 05.09.2009

Detailed evaluation

Ständer, Mike

Club: Roter Stern Pfafferoode
Number: 2189

Course: 10.00 km
Hauptlauf

Category:
Männer M35

Total time: 46:25

Speed: 12.93 km/h
Running performance: 4:38 min/km

Rank in course/Total: 77 (of 182)

Rank in course/Men: 75 (of 159)

Best time in course: 35:53

Rank in category: 12(of 18)

Best time in the category: 38:42