



13. Mühlhäuser Altstadtlauf  
Mühlhausen / 05.09.2009

Detailed evaluation

Hahn, René

Club: Lengenfeld/Stein

Number: 2069

Course: 10.00 km

Hauptlauf

Category:

Männer M30

Total time: 46:41

Speed: 12.85 km/h

Running performance: 4:40 min/km

Rank in course/Total: 81 (of 182)

Rank in course/Men: 79 (of 159)

Best time in course: 35:53

Rank in category: 13(of 21)

Best time in the category: 38:00