



13. Mühlhäuser Altstadtlauf
Mühlhausen / 05.09.2009

Detailed evaluation

Dul, Pawel

Club: LG Bothenheilingen

Number: 2071

Course: 10.00 km

Hauptlauf

Category:

Männer M30

Total time: 46:51

Speed: 12.81 km/h

Running performance: 4:41 min/km

Rank in course/Total: 84 (of 182)

Rank in course/Men: 82 (of 159)

Best time in course: 35:53

Rank in category: 14(of 21)

Best time in the category: 38:00