



13. Mühlhäuser Altstadtlauf  
Mühlhausen / 05.09.2009

Detailed evaluation

Hartmann, Norbert

Club: Menteroda  
Number: 2163

Course: 10.00 km  
Hauptlauf

Category:  
Männer M55

Total time: 47:39

Speed: 12.59 km/h  
Running performance: 4:46 min/km

Rank in course/Total: 94 (of 182)

Rank in course/Men: 91 (of 159)

Best time in course: 35:53

Rank in category: 3(of 7)

Best time in the category: 44:40