



13. Mühlhäuser Altstadtlauf
Mühlhausen / 05.09.2009

Detailed evaluation

Nölker, Jens

Club: SG Mülana Mühlhausen
Number: 2109

Course: 10.00 km
Hauptlauf

Category:
Männer M35

Total time: 48:21

Speed: 12.41 km/h
Running performance: 4:50 min/km

Rank in course/Total: 101 (of 182)

Rank in course/Men: 98 (of 159)

Best time in course: 35:53

Rank in category: 13(of 18)

Best time in the category: 38:42