



13. Mühlhäuser Altstadtlauf  
Mühlhausen / 05.09.2009

Detailed evaluation

Gläser, Michael

Club: Bundeswehr Mühlhausen  
Number: 2016

Course: 10.00 km  
Hauptlauf

Category:  
Männer M20

Total time: 49:20

Speed: 12.16 km/h  
Running performance: 4:56 min/km

Rank in course/Total: 109 (of 182)

Rank in course/Men: 106 (of 159)

Best time in course: 35:53

Rank in category: 32(of 44)

Best time in the category: 35:53