



13. Mühlhäuser Altstadtlauf
Mühlhausen / 05.09.2009

Detailed evaluation

Porzelt, Dominik

Club: Mühlhausen
Number: 2135

Course: 10.00 km
Hauptlauf

Category:
Männer M30

Total time: 49:21

Speed: 12.16 km/h
Running performance: 4:56 min/km

Rank in course/Total: 110 (of 182)

Rank in course/Men: 107 (of 159)

Best time in course: 35:53

Rank in category: 16(of 21)

Best time in the category: 38:00