



13. Mühlhäuser Altstadtlauf  
Mühlhausen / 05.09.2009

Detailed evaluation

**Baumert, Dirk**

Club: Berlin  
Number: 2006

Course: 10.00 km  
Hauptlauf

Category:  
Männer M30

Total time: 49:29

Speed: 12.13 km/h  
Running performance: 4:57 min/km

Rank in course/Total: 111 (of 182)

Rank in course/Men: 108 (of 159)

Best time in course: 35:53

Rank in category: 17(of 21)

Best time in the category: 38:00