



13. Mühlhäuser Altstadtlauf  
Mühlhausen / 05.09.2009

Detailed evaluation

Tittmar, Wolfram

Club: PSV Mühlhausen  
Number: 2159

Course: 10.00 km  
Hauptlauf

Category:  
Männer M50

Total time: 49:43

Speed: 12.07 km/h  
Running performance: 4:58 min/km

Rank in course/Total: 114 (of 182)

Rank in course/Men: 110 (of 159)

Best time in course: 35:53

Rank in category: 9(of 14)

Best time in the category: 40:14