



13. Mühlhäuser Altstadtlauf  
Mühlhausen / 05.09.2009

Detailed evaluation

**Bank, Ewald**

Club: Uder

Number: 2125

Course: 10.00 km

Hauptlauf

Category:

Männer M50

Total time: 50:55

Speed: 11.78 km/h

Running performance: 5:05 min/km

Rank in course/Total: 123 (of 182)

Rank in course/Men: 118 (of 159)

Best time in course: 35:53

Rank in category: 10(of 14)

Best time in the category: 40:14