



13. Mühlhäuser Altstadtlauf
Mühlhausen / 05.09.2009

Detailed evaluation

Krug, Alexander

Club: Mühlhausen
Number: 2084

Course: 10.00 km
Hauptlauf

Category:
Männer M30

Total time: 51:18

Speed: 11.70 km/h
Running performance: 5:08 min/km

Rank in course/Total: 124 (of 182)

Rank in course/Men: 119 (of 159)

Best time in course: 35:53

Rank in category: 18(of 21)

Best time in the category: 38:00