



13. Mühlhäuser Altstadtlauf  
Mühlhausen / 05.09.2009

Detailed evaluation

Görmar, Urte

Club: Niederdorla  
Number: 2096

Course: 10.00 km  
Hauptlauf

Category:  
Frauen W35

Total time: 52:40

Speed: 11.39 km/h  
Running performance: 5:16 min/km

Rank in course/Total: 132 (of 182)

Rank in course/Women: 7 (of 23)

Best time in course: 40:07

Rank in category: 1(of 4)

Best time in the category: 52:40