



13. Mühlhäuser Altstadtlauf  
Mühlhausen / 05.09.2009

Detailed evaluation

Rudolph, Patrick

Club: Bundeswehr Mühlhausen  
Number: 2031

Course: 10.00 km  
Hauptlauf

Category:  
Männer M20

Total time: 53:30

Speed: 11.21 km/h  
Running performance: 5:21 min/km

Rank in course/Total: 141 (of 182)

Rank in course/Men: 130 (of 159)

Best time in course: 35:53

Rank in category: 37(of 44)

Best time in the category: 35:53