



13. Mühlhäuser Altstadtlauf
Mühlhausen / 05.09.2009

Detailed evaluation

Schenke, Maik

Club: Großvargula
Number: 2053

Course: 10.00 km
Hauptlauf

Category:
Männer M30

Total time: 53:38

Speed: 11.19 km/h
Running performance: 5:22 min/km

Rank in course/Total: 143 (of 182)

Rank in course/Men: 131 (of 159)

Best time in course: 35:53

Rank in category: 20(of 21)

Best time in the category: 38:00