



13. Mühlhäuser Altstadtlauf  
Mühlhausen / 05.09.2009

Detailed evaluation

Andreas, Jürgen

Club: Meinhard-Frieda  
Number: 2074

Course: 10.00 km  
Hauptlauf

Category:  
Männer M50

Total time: 53:38

Speed: 11.19 km/h  
Running performance: 5:22 min/km

Rank in course/Total: 144 (of 182)

Rank in course/Men: 132 (of 159)

Best time in course: 35:53

Rank in category: 12(of 14)

Best time in the category: 40:14