



13. Mühlhäuser Altstadtlauf
Mühlhausen / 05.09.2009

Detailed evaluation

Heintze, Sandra

Club: Hainichläufer Mühlhausen
Number: 2057

Course: 10.00 km
Hauptlauf

Category:
Frauen W35

Total time: 53:58

Speed: 11.12 km/h
Running performance: 5:24 min/km

Rank in course/Total: 147 (of 182)

Rank in course/Women: 14 (of 23)

Best time in course: 40:07

Rank in category: 2(of 4)

Best time in the category: 52:40