



13. Mühlhäuser Altstadtlauf
Mühlhausen / 05.09.2009

Detailed evaluation

Wand, Henning

Club: VfB Thomas Müntzer
Number: 2142

Course: 10.00 km
Hauptlauf

Category:
Schüler

Total time: 55:14

Speed: 10.86 km/h
Running performance: 5:31 min/km

Rank in course/Total: 156 (of 182)

Rank in course/Men: 140 (of 159)

Best time in course: 35:53

Rank in category: 5(of 7)

Best time in the category: 39:03