



13. Mühlhäuser Altstadtlauf  
Mühlhausen / 05.09.2009

Detailed evaluation

Kemmerzehl, Jörn

Club: Bundeswehr Mühlhausen  
Number: 2008

Course: 10.00 km  
Hauptlauf

Category:  
Männer M20

Total time: 55:16

Speed: 10.86 km/h  
Running performance: 5:32 min/km

Rank in course/Total: 157 (of 182)

Rank in course/Men: 141 (of 159)

Best time in course: 35:53

Rank in category: 39(of 44)

Best time in the category: 35:53