



13. Mühlhäuser Altstadtlauf  
Mühlhausen / 05.09.2009

Detailed evaluation

Kretschmer, Thomas

Club: LC Mühlhausen  
Number: 2067

Course: 10.00 km  
Hauptlauf

Category:  
Männer M55

Total time: 56:38

Speed: 10.59 km/h  
Running performance: 5:40 min/km

Rank in course/Total: 162 (of 182)

Rank in course/Men: 146 (of 159)

Best time in course: 35:53

Rank in category: 6(of 7)

Best time in the category: 44:40