



13. Mühlhäuser Altstadtlauf
Mühlhausen / 05.09.2009

Detailed evaluation

Martzok, Sebastian

Club: Bundeswehr Mühlhausen
Number: 2025

Course: 10.00 km
Hauptlauf

Category:
Männer M20

Total time: 57:11

Speed: 10.49 km/h
Running performance: 5:43 min/km

Rank in course/Total: 165 (of 182)

Rank in course/Men: 149 (of 159)

Best time in course: 35:53

Rank in category: 41(of 44)

Best time in the category: 35:53