



13. Mühlhäuser Altstadtlauf
Mühlhausen / 05.09.2009

Detailed evaluation

Jagemann, Kai-Uwe

Club: Mühlhausen
Number: 2148

Course: 10.00 km
Hauptlauf

Category:
Männer M45

Total time: 58:11

Speed: 10.31 km/h
Running performance: 5:49 min/km

Rank in course/Total: 168 (of 182)

Rank in course/Men: 151 (of 159)

Best time in course: 35:53

Rank in category: 14(of 15)

Best time in the category: 38:30