



13. Mühlhäuser Altstadtlauf
Mühlhausen / 05.09.2009

Detailed evaluation

Seise, Anke

Club: Mühlhausen
Number: 2091

Course: 10.00 km
Hauptlauf

Category:
Frauen W35

Total time: 58:30

Speed: 10.26 km/h
Running performance: 5:51 min/km

Rank in course/Total: 169 (of 182)

Rank in course/Women: 18 (of 23)

Best time in course: 40:07

Rank in category: 3(of 4)

Best time in the category: 52:40