



13. Mühlhäuser Altstadtlauf  
Mühlhausen / 05.09.2009

Detailed evaluation

Herz, Jennifer

Club: GS Heyerode  
Number: 689

Course: 1.70 km  
Schülerlauf

Category:  
weibliche Schüler D

Total time: 9:04

Speed: 6.62 km/h  
Running performance: 5:20 min/km

Rank in course/Total: 226 (of 426)

Rank in course/Women: 74 (of 186)

Best time in course: 6:14

Rank in category: 19(of 107)

Best time in the category: 6:43