



13. Mühlhäuser Altstadtlauf  
Mühlhausen / 05.09.2009

Detailed evaluation

Henning, Lara

Club: GS Margaretenschule  
Number: 733

Course: 1.70 km  
Schülerlauf

Category:  
weibliche Schüler D

Total time: 9:21

Speed: 10.91 km/h  
Running performance: 5:30 min/km

Rank in course/Total: 255 (of 426)

Rank in course/Women: 94 (of 186)

Best time in course: 6:14

Rank in category: 33(of 107)

Best time in the category: 6:43