



# Hexengrund-Triathlon Engerda

Engerda / 12.09.2009

## Detailed evaluation

Rockstroh, Jürgen

Total time: 1:57:23

Club: AC Apolda

Number: 40

Course: 38.00 km

Rank in course/Total: 15 (of 50)

Hexengrund-Triathlon 0,5-30-7,5

Rank in course/Men: 15 (of 44)

Best time in course: 1:35:50

Category:

Rank in category: 1(of 1)

TM 55, Senioren 4

Best time in the category: 1:57:23

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	12:40	0.00	1	-	11	3:53	0.50	12:40	0.00	1	-	36	
Rad	30.00	1:09:00	26.09	1	-	21	12:50	30.50	1:21:40	22.04	1	-	36	
Lauf	7.50	35:43	11.76	1	-	16	6:51	38.00	1:57:23	19.42	1	-	15	21:33